



AUM hOMe Shala
Yoga Therapy
501 (c)(3) Non-Profit

200-Hour Yoga Teacher Training (YTT) Intensive Schedule
Synergy Of Ocala Yoga Studio
June 30-July 21

Working Lunch: 12:30-2pm, students bring their lunch to class

Friday, June 30: 6-9 PM: Orientation

Saturday, July 1: 8:30am-6:30pm

Sunday, July 2: 8:30am-6:30pm

Monday, July 3: 8:30am-5:30pm

Tuesday, July 4: HOLIDAY NO CLASS

Wednesday, July 5: 10:30am-6:30pm

Thursday, July 6: 8:30am-6:30pm

Friday, July 7: 8:30am-6:30pm

Saturday, July 8: 8:30am-6:30pm

Sunday, July 9: NO CLASS

Monday, July 10: 8:30am-6:30pm

Tuesday, July 11: 8:30am-6:30pm

Wednesday, July 12: 8:30am-6:30pm

Thursday, July 13: 8:30am-6:30pm

Friday, July 14: 8:30am-6:30pm

Saturday, July 15: 8:30am-6:30pm

Sunday, July 16: NO CLASS

Monday, July 17: 8:30am-6:30pm

Tuesday, July 18: 8:30am-6:30pm

Wednesday, July 19: 8:30am-6:30pm

Thursday, July 20: 8:30am-6:30pm

Friday, July 21: 8:30am-6:30pm